



Four Keys for Practicing Faith

Caring Conversations:

Discuss these thoughts and questions:

- Have you told other family members and friends about the surgery? Why or why not?
- What concerns do you and your family have about the surgery?
- Who will you and your family rely on for help and support the day of the surgery and the days and weeks following the surgery?

Devotions:

Read the following:

"Do not fear for I am with you, do not be afraid for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand." Isaiah 41:10 (NRSV)

- Who do you want at your side when you are afraid? Explain.
- How does your faith help you and give you strength?

Service:

Anticipating surgery can be a fearful and unsettling time. Think of someone you know who is recovering or about to have surgery. In what ways can you help and support them?

Rituals and Traditions:

Hold hands as you pray: *Dear God, we ask that (name) may know of your presence as he/she goes through surgery and that the surgeon and medical team attending to (name) be guided by your hand in love and care. In Jesus name we pray, Amen.*

Conclude your time together by laying hands on the person who will have surgery and bless them using these words: *May God bless you as you are in surgery with the peace that passes all understanding.*